

Observe a child of your choice and find out in which stage he/she is in, according to the psychosexual, psychosocial and cognitive theories of development.

Every child's cognitive, emotional, social and physical development is not same. It differs from child to child. The theories helps us to understand them better. They are used for better teaching experience and understanding a child according to the age. Below are some of the theories to understand a child:

1. Sigmund Freud's Psychosexual Theory
2. Erik Erikson's Psychosocial Theory
3. Jean Piaget's Cognitive Theory
4. Lev Vygotsky's Theory
5. Howard Gardener's Multiple Intelligence Theory.

According to the above theories provided below is the observation based on the psychosexual, psychosocial and cognitive theories.

My subject as a child is a 5 years old boy named Raghav, who is my Nephew. He is very happy and sweet little boy.

The phallic stage is the third stage in Sigmund Freud's theory of psychosexual development, occurring roughly between the ages of three and six. During this stage the child's libido (sexual energy) focuses on the genital area, and they become more aware about their own body and the bodies of others.

Raghav is a 5 year old and should be in stage of Phallic and he is been going through the same. However he is bit stuck in anal stage as he needs someone to wash. This is because he is not scared of going to toilet or sit on the toilet seat but he is gets bit scared of washing it and falling in the seat.

The third stage in Erikson's theory is Initiative Vs. Guilt occurring in the age group of 3 to 6 years. It explains on how children begin to assert their independence and control over their environment through play, social interactions and decision making.

Referring to the above stage Raghav is taking initiative in taking his own decision for his own clothes. He does tells as to what he wants and what he don't.

He explores new games e.g.

- a. He has lots of cars as he is fond of different cars and as well has very good knowledge of the cars. He will arrange them in line and make showroom out of it for sale and ask everyone to take whichever car they want to buy.
- b. If we are sitting in his way when he is playing then he will start giving us toll ticket or make us toll taker and take ticket from us.

The sense of guilt or we can say insecurity we saw in him was when he understood that I and his Attu both are pregnant and there will new babies coming in the family and he thought that no one will bring me gifts anymore as there will be 2 new babies coming. Because of which he started asking to his mother will I need to share my gifts or toys with them but I don't want to.

According to the Jean Piaget, Preoperational stage of cognitive theory is occurring in the age group of 2 to 7 years. During this stage, children's thinking is characterized by symbolic thought, but they also exhibit certain limitations like egocentrism and difficulty with logical operations.

Raghav perfectly fits here in this stage of preoperational. He is very egocentric he only trust on what he hear or see. He tries to give symbols by his eyes and tries to talk with same. If he don't want to sleep he will show that he is playing very quietly and not disturbing anyone.